



**The District School Board of Collier County
Department of Nutrition Services**

**2011-2012
Meal Component A La Carte**

Breads and Cereals	Sell Price
French Toast Stick, (1).....	\$ 0.25
Graham Crackers, 3 ct.....	\$ 0.25
Saltines, 4 ct.....	\$ 0.25
Roll, 1 oz.....	\$ 0.50
Dry Cereal, Oatmeal.....	\$ 0.75
Muffin, 1.8 oz.....	\$ 0.75
Pancake, 2 ct.....	\$ 0.75
Sausage on a Stick.....	\$ 0.75
Bagel.....	\$ 1.00
Bagelful.....	\$ 1.00
English Muffin, 1 whole muffin.....	\$ 1.00
Breakfast Pocket	\$ 1.00

Extras	Sell Price
Chicken Nugget, 1 nugget.....	\$ 0.25
Egg, Hard Boiled or Patty (1).....	\$ 0.75
Fruit Crisp or Desserts.....	\$ 0.75
Yogurt.....	\$ 0.75
Bosco Cheese Stick.....	\$ 1.00
Uncrustable, Small, 2.8 oz.....	\$ 1.25
Cheese Sauce Cup, 4 oz.....	\$ 1.50
Protein Cup, Cheese or Ham/Cheese....	\$ 1.50
Entrees, Elementary Lunch.....	\$ 1.75
Entrees, Secondary/Adult Lunch.....	\$ 2.00
2nd Meal Student or Adult Meal.....	\$ 3.00

Condiments	Sell Price
Ketchup, PC, 2 EA.....	\$ 0.25
Honey Mustard Sauce, PC.....	\$ 0.25
Mustard, PC.....	\$ 0.25
Mayonnaise, PC.....	\$ 0.25
Syrup, PC.....	\$ 0.25
Italian Dressing, PC.....	\$ 0.25
Ranch Dressing, PC.....	\$ 0.25
Sour Cream, PC.....	\$ 0.25
Cream Cheese, PC.....	\$ 0.50
Marinara Cup, 4 oz.....	\$ 0.50

Side Items	Sell Price
Fresh Baby Carrots.....	\$ 0.50
Fresh Fruit.....	\$ 0.50
Fruit Cup.....	\$ 0.50
Side Vegetable.....	\$ 0.50
Small Garden Salad.....	\$ 0.50
Frozen 100% Juice Bar.....	\$ 0.50
Potato Wedges/Curley Fries 3 oz.....	\$ 1.00

- These student friendly foods have been selected by our Registered Dietitian as they meet our nutrition standards, The District Wellness Policy and the current Dietary Guidelines for Americans.
- We limit total fat, saturated fat, sugar, sodium, calories and avoid all trans fats.
- These items are meal components on our published menu.
- This list is available for customers should they desire to purchase additional items.
- We take pride in planning healthy and nutritious menus for our diverse student population.
- Check out our website at <http://www.collier.k12.fl.us/foodservices/index.htm>