

Partners in Parenting Workshops

The Children's Advocacy Center of Collier County and The Children's Hospital of Southwest Florida offer free specialized group parenting classes to teach parents how to focus on their strengths and set appropriate expectations for their children. The focus of the Partners in Parenting program is to strengthen family relationships and promote positive behaviors and lifestyles. The positive discipline curriculum is from the Nurturing Parenting Program, authored by Dr. Stephen J. Bavolek, Ph.D. has proven to be an effective and successful parenting course. We are dedicated to being a resource and a partner to all individuals and groups who are concerned with supporting families in our community. We offer classes at locations throughout Collier County such as schools and daycare facilities. If you would like assistance developing a parenting program in your agency, school or community; please contact:

Pam Green

BCE School Counselor

239 377-6300

Kristin Millet, Program Coordinator

Tel: 239-989-7332

Email: Kristin.millet@leememorial.org

Parenting Classes Workshop Series:

- Classes meet once a week for 2 hours for 8 weeks
- Classes are currently offered in English, Spanish and Creole
- Free child care is available
- Free food provided
- Prizes and incentives for perfect attendance
- Certificates awarded at the last session

Lessons include:

- The Philosophy and Practices of Nurturing Parenting
- Ages and Stages of Growth
- Ways to Enhance Positive Brain Development in Children and Teens
- Communicating with Respect
- Building Self-Worth in Children
- Understanding Feelings
- Understanding and Developing Family Morals, Values and Rules
- Praising Children and their Behavior
- Alternatives to Spanking
- Learning Positive Ways to Deal with Stress and Anger
- Create more Peace in the Home

Whether you're the parent of an infant, toddler, or older child you'll learn how to do the following:

- Manage your child's behavior without spanking or shouting

- Learn effective communication skills
- Establish nurturing routines for meal times, bath times, bedtimes, chores, and homework
- Reduce sibling rivalry
- Gain a sense of personal power and feel good about yourself
- Enjoy your family and have fun together